

# *Cougar Dolls Information*

## **Mission Statement**

The mission of the Cougar Dolls Dance Team as part of the University of Houston -Spirit of Houston is to entertain, energize and inspire at designated University of Houston Athletic contests and promotional events at the direction of the administration of the University of Houston Band Department. In addition, the dance team may participate in camps, competitions, clinic or other ancillary functions upon specific event-by-event approval of the band department; this approval will be contingent upon a number of factors including (but not limited to) student supervision, financial resources and skill level.

The University of Houston Dance Team consists of approximately 20-30 members. The team covers all home football and men and women's basketball games.

## **Requirements**

In order to be eligible to join the Cougar Dolls Dance Team, you must be registered as a full-time University of Houston student (a minimum of nine credit hours) and must maintain at least a 2.5 GPA. Transfer students and incoming freshman are also eligible for tryouts with proof of acceptance to the University.

## **Games/Practices**

The Cougar Dolls practice three times a week. Due to the demanding game schedule each season, weekly practices focus upon learning new choreography (taught by the coach, captain, and outside choreographers), as well as conditioning. The team is responsible for conducting their own fundraising by holding clinics, selling items, or any other opportunities introduced to the team.

The Dolls perform at all home football games, Men's and Women's home basketball games, pep rallies, and designated University of Houston and Houston events and promotions. The team also often travels to away games and tournaments to help support the University of Houston Athletic teams.

The Cougar Dolls season runs from mid-summer through spring semester, concluding with auditions for the following season.

## **Promotional Work**

As part of the Spirit of Houston, the Cougar Dolls appear at virtually every University event, including fundraisers, charities, pep rallies, promotional events, and media appearances throughout city.

The Cougar Dolls participate in numerous events throughout Houston, spreading University of Houston spirit around the community. Each year, the team participates in many parades throughout the city, as well as charity walks and auctions.